

WELCOME TO CHURCH. To attend weekend Mass in our Church it is advisable to book a seat. Please change or cancel your booking(s) if you will not be attending the Mass you have booked, so that places are freed up.

NINETEENTH SUNDAY IN ORDINARY TIME (B) 8th August 2021

Saturday 7 th	6.00pm	Udom Pongsaksiri RIP (Pongsaksiri)	
Sunday 8 th	9.00am	The People of our Parish	
August 2021	11.00am	Fr Stewart Foster	Live streamed
Monday 9 th		St Teresa Benedicta of the Cross, VM	
	9.15am	Service of the Word and Holy Communion	
Tuesday 10 th		St Lawrence Deacon, M	
	9.15am	Service of the Word and Holy Communion	
Wednesday 11 th		St Clare, V	
	12 noon	Service of the Word and Holy Communion	
Thursday 12 th		St Jane Frances de Chantal	
	9.15am	Service of the Word and Holy Communion	
Friday 13 th		Saints Pontian and Hippolytus	
	12 noon	Service of the Word and Holy Communion	

THE ASSUMPTION OF THE BLESSED VIRGIN MARY 15th August 2021

HOLY DAY OF OBLIGATION

Saturday 14 th	6.00pm	
Sunday 15 th	9.00am	
August 2021	11.00am	The People of our Parish

SACRAMENT OF PENANCE available on request to the priest.

READINGS FOR NINETEENTH SUNDAY ORDINARY TIME B 1st August 2021

EXODUS 16:2-15 The Lord said, "I will rain down bread for from the heavens".

PSALM 77 "The Lord gave them bread from heaven".

EPHESIANS 4:17-24 You must give up your old way of life and put on the new self
Alleluia, Alleluia! "I am the Way, the Truth and the Life, says the Lord;

No one can come the Father except through me". Alleluia!

JOHN 6:24-35 Jesus said 'I am the bread of life, he who comes to me will not hunger'

DIOCESE OF BRENTWOOD WEBSITE: <https://www.dioceseofbrentwood.net/>

DAILY SERVICES WITH MASS: www.churchservices.tv/timetable/

Daily Mass at Westminster Cathedral: www.churchservices.tv/westminster/

Daily Mass at Our Lady of Lourdes, Leigh-on-Sea: <https://lourdesleigh.org/>

St. Joseph English Martyrs Bishops Stortford www.churchservices.tv/bishopsstortford/

OFFERINGS: Thank you for your generous offerings. Details will be included in next week's Newsletter. Offerings can be given in to the Priest's House and made online for our parish and charities our Parish supports by going to:

www.dioceseofbrentwood.net/donations?parish=epping/////

EPPING FOREST FOODBANK is looking for volunteer delivery drivers https://volunteer.trusselltrust.org/opportunities/19335-food-bank-river-delivery-driver-epping-forest-2021-06-9?_ga=2.106761728.2040570999.1626708403-1092072778.1611397708

The Immaculate Conception Catholic Church



11 Church Hill, Epping, Essex, CM16 4RA

Parish Priest: Father John McGrath Tel: 01992 572516

Deacon: Rev Duncan Whitehouse Tel: 01992 577173

Email: epping@dioceseofbrentwood.org

Website: www.eppingcatholicchurch.co.uk

Registered Charity Number: 234092

Our parish is twinned with Thistle Grove & Lebohang Parish in the Diocese of Dundee, South Africa

NINETEENTH SUNDAY IN ORDINARY TIME (B) 8th AUGUST 2021

THOUGHT FOR THE WEEK

What do we mean when we say that 'Christ is truly present in the Word of Scripture'? Vatican II puts it very simply in the Constitution on Sacred Liturgy Chapter 7: 'When the Holy Scriptures (and homily) are spoken in church, it is Christ himself who speaks', using the voice of the Reader, of course. I wonder how many of us realise that?

Coming as they do near the start of Mass, and to give ourselves time to prepare ourselves appropriately to receive the messages contained in the readings, it is helpful for us to arrive at church, say, between 10 – 15 minutes before Mass starts. In this way, by having our personal conversation with God through silent prayer, we shall be cool, calm and collected enough to be able properly to offer our full attention to what God has to say to us and better to understand what God asks of us.

When we listen carefully to the readings and the homily, each of us will hear the details in the light of our past and present personal experiences and feelings. If we are able to spend a little time each day to reflect prayerfully on the readings after we leave Mass, we shall experience a joy and enlightenment which will help us to be confident that all we do and say will be truly pleasing to God and help us to grow in faith and lead a good and peaceful life.

If we are to be nourished at the table of the Lord, we need to make a conscious effort to listen in faith to what is being said in the readings and the homily, so allowing God to nourish us, console us and to challenge us by his holy word.

God bless.

Deacon Duncan

DEAR PARISHIONERS AND FRIENDS

I thank you once again for your many greetings, kindness and generosity in celebrating the Golden Jubilee of my Ordination to the Priesthood on 12th June. I am very grateful for the £5534 donated by parishioners to mark the event, which after the £491 cost of the green Chasuble results in me receiving a cheque for £5043.

I have gone on holiday to my family in Ireland for the month of August. I am most grateful to Canon Brian O'Shea, who will celebrate the Parish Masses this weekend, Fr Gerald Gostling who will celebrate the Masses on the weekend of the 15th August, and to Fr Bijaya Chandra Nayak from St Joseph's Leyton for celebrating the Masses on the weekends of the 22nd and 29th of August. On August weekdays, Deacon Duncan will lead Liturgies of the Word and Holy Communion at the normal Mass times.

I hope and pray that you all keep safe and well and have a good holiday time. With prayerful good wishes.

Fr John.

THE LIFTING OF COVID RESTRICTIONS: While this is a welcome change, the Government and its advisers advise us to be cautious, especially in enclosed spaces. In our church, there are still restrictions, including wearing facemasks and sanitising of hands, until we have had time to reflect on the guidance from the Bishops' Conference and the Diocese on how best to introduce changes. Our first concern is for the health and wellbeing of all members of our parish family and to protect people from danger.

FIRST HOLY COMMUNIONS: Application forms are in church for parents wishing to prepare their child for first Reconciliation & Holy Communion in **2022**.

THE DEADLINE FOR COMPLETED FORMS IS FRIDAY 20th AUGUST. Children should be in School Year 3 or older in 2021/22 and it is essential that families be attending Mass consistently. Parents who completed forms earlier this year for 2021 first Holy Communion programme do not need to complete another form as these will be carried forward, unless we hear otherwise. There will be a meeting for the parents in **September** in the Hall. However, our arrangements are conditioned by the Covid regulations regarding the use of our church hall. Further details will follow,

FIRST HOLY COMMUNIONS: We are grateful to our Catechists who prepare children for First Reconciliation and Holy Communion. Our programme for 2021/22 will commence in September. There will be a higher number of parents wishing to prepare their children for the sacraments as we could not run the programme last year. We have a dedicated team of Catechists, but need more to support the number of children we anticipate on the course. We **desperately** need some more parishioners to assist with this important work for a couple of hours a week. You do not have to be a teacher or have special skills **we just need you**. Please, don't just think someone else will do it – if not you then who? If you can help, please contact Fr John or our Parish Office.

FACEBOOK GROUP: Our parish Facebook Group posts daily updates and links to parishes & activities in our Diocese. James Ryan manages and monitors the input for security and relevance. If you would like to join the group, please click on: <https://www.facebook.com/groups/26415423943/?ref=share/>

WE PRAY FOR THE REPOSE OF THE SOUL OF CLAUDIO Del GIUDICE

RIP who died in hospital on 27th July and for the consolation of his family in their loss.

ANNIVERSARIES: **Fr Henry Tilley 8th, Fr David Coghlan 8th, Fr Hugh Verity 8th, Fr David Papworth 11th,** (Parish Anniversaries will be in next week's Newsletter. **Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace.**

PRAY FOR OUR SICK AT HOME AND IN HOSPITAL & CARE HOMES:

r Stewart Foster, Sergio Maraldo, Marcheta Swift-Daley, Toohey Family, Albert Fuller, Paula Hall, John Millward, Ann Dowd, Peggy Flanagan, James Bullen, Fr Liam Hayes, Fr Jean-Laurent Marie, Fr John Taylor and Fr Michael Butler. **May the Lord send the healing power of his Holy Spirit down upon them at this time.**

EPPING FOREST FOODBANK We thank generous parishioners who give food and goods for Epping Forest Food Bank, in the basket in our church porch by the Priest's House & Sacristy. It urgently needs: long life milk, tinned tomatoes, tinned fish, tinned peas, tinned carrots, tinned tomatoes, tinned instant mash, potatoes, snack bars, chocolate bars, small/medium bags of rice, sponge puddings, small jars of coffee, savoury crackers, chocolate spread, reusable face masks, hand sanitiser (70% alcohol), laundry tablets, shampoo, deodorant, soap. **Your donations are most welcome!**

CONGRATULATIONS. To Grace Betsy Joyce Ring and her family on Grace's baptism in our church on Saturday 31st July. May the Lord bless them and help her parents to bring up Grace in the knowledge and love of God.

YOU NEED TO BOOK TO ATTEND WEEKEND MASS IN OUR CHURCH

If you have booked a place at Mass and you then cannot attend please notify us. Please notify bookings and cancellations to Deacon Duncan, at duncanjcwhitehouse@gmail.com or 01992 577173

CHILDRENS' LITURGY: <https://cafod.org.uk/Education/Children-s-liturgy>

LIVING LAUDATO SI' – Online Retreat – 15th – 18th October 2021, open to all, to help with personal prayer and reflection, and parish action, on the critical issue of care God's creation. Bishop Alan will open the retreat, which will be led by some expert speakers. Details on the poster in church or email laudatosi@dioceseofbrentwood.org.

PRAYER FOR ALL AFFLICTED IN THE TIME OF PANDEMIC

We pray for all suffering from the pandemic. May God the Father grant health to the sick, strength to all who care for them, comfort to families and salvation to the dead. “Almighty and ever living God, support in our human weakness, look with compassion upon the sorrowful condition of your children who suffer because of the pandemic; relieve the pain of the sick, give strength to all who care for them, welcome into your peace all who have died, console all who mourn, and grant that we may all find comfort and consolation in your merciful love. We make this prayer, with faith and hope, through Jesus Christ, our Lord and Saviour, who intercedes for us at your right hand and lives and reigns forever and ever. Amen.

CATHOLIC PARISH OF EPPING The Immaculate Conception

How to stream Sunday Mass from Epping at home. We live stream Sunday Masses at 11am from Epping Catholic Church on You Tube every Sunday.

You do not need a YouTube account to watch. Using a laptop, computer or mobile phone, you need speakers or headphones if your device does not built in speakers. If you have a smart TV, you can pair a device (such as mobile phone or iPad or tablet) to watch it on your television. To view the Mass search: **The Immaculate Conception Catholic Church, Epping** and visit the channel where you will find the live stream. All you need to do is click on the live video.

If you have difficulty, type the URL (web address) into the address bar:
[youtube.com/channel/UCAbSuwE8X5AOaugAT35hREw](https://www.youtube.com/channel/UCAbSuwE8X5AOaugAT35hREw)

On a mobile phone simply scan the QR code to take you to the channel



Please let us know if you have a problem and we will try our best to help.