MASSES & SERVICES FROM: Saturday 10th to Sunday 18th June 2023						
Sat 10th June	12.30pm	Baptism of Delilah Grace Knitter				
THE BODY & BLOOD OF CHRIST – CORPUS CHRISTI (A) 11th June 2023						
Saturday 10th	6.00pm	Grace Kelly RIP Anniv (SB)				
Sunday 11th	9.00am	In thanksgiving (MH) 11am Mass Streamed				
June 2023	11.00pm	First Holy Communion Children's Presentation Mass				
Week 10 in Ordinary Time: Readings on Weekdays Year 1 and on Sundays Year A						
Monday 12th	9.15am	Private Intention				
Tuesday 13th	St Anthony of Padua, Priest & Doctor					
	9.15am	John Keating RIP (Graves)				
Wednesday 14th	12 noon	Peter & Gunvor Edwards RIP (Anniv)				
Thursday 15th	9.15am	Percy, Margaret & David Keevil RIP				
Friday 16th	The Most Sacred Heart of Jesus					
	12 noon	Mrs Ann Dowd RIP (Recently)				
Saturday 17th	The Immaculate Heart of Mary					
THE ELEVENTH SUNDAY IN ORDINARY TIME A DAY FOR LIFE 18 June 2023						
Saturday 17th	6.00pm	Eabha Quinn & Family				
Sunday 18th	9.00am	The People of our Parish				
June 2023	11.00am	Marie Crehan RIP Recently (Sr Susan)0222 Streamed				

SACRAMENT OF PENANCE on Saturdays from 11.30am to 12 noon and on request to the Parish Priest at any time. You are always welcome to this Sacrament.

DIOCESE OF BRENTWOOD WEBSITE: https://www.dioceseofbrentwood.net//

THE BODY & BLOOD OF CHRIST (A) Parish Book Page 83 11 June 2023

DEUTERONOMY 8:2-16 In the desert the Lord fed you with manna PSALM 147 The Lord feeds you with the finest wheat, O praise the Lord, Jerusalem 1CORINTHIANS 10:18-17 The bread we break is communion with the body of Christ JOHN 6:51-58 "He who eats my flesh & drinks my blood lives in me and I in him".

OFFERINGS: Thank you for your generous weekly Offerings of £800 standing orders. On 4th June 2023 you gave: Envelopes £222.90, Loose £226.03. Thank you for your generosity and support for our parish. You can give in donations to the Priest's House and online for our parish or charities our parish supports at:

www.dioceseofbrentwood.net/donations/?parish=epping////////////

JUNE IS THE MONTH OF THE MOST SACRED HEART OF JESUS when people often have their homes blessed. There is Holy Water available in the Sacristy for people to use at home for the blessing and protection of people and their home. Priests are always ready to bless a home at a mutually convenient time for people.

O Most Sacred Heart of Jesus, we place our trust in Thee.

REPOSITORY: The Religious Goods stall in our church porch has a wide range of cards and rosary beads, religious goods and gifts for all places and occasions.

The Immaculate Conception Catholic Church



11 Church Hill, Epping, Essex, CM16 4RA

Parish Priest: Father John McGrath Tel: 01992 572516 Deacon: Rev Duncan Whitehouse Tel: 01992 577173

Email: epping@brcdt.org (This is our new email address)

Website: www.eppingcatholicchurch.co.uk Registered Charity Number: 234092

Our parish is twinned with Thistle Grove & Lebohang Parish in the Diocese of Dundee, South Africa

THE BODY & BLOOD OF CHRIST - CORPUS CHRISTI - 11th June 2023

Dear Friends & Parishioners.

Jesus said, "I am the living bread which has come down from heaven. Anyone who eats this bread will live forever; and the bread that I shall give is my flesh, for the life of the world" (John 6:51-58). In celebrating the feast of Corpus Christi, The Most Holy Body and Blood of Christ today, we celebrate what Jesus did at the Last Supper with his disciples as he told them to, "Do this in memory of me". It is what we do and celebrate when the bread and wine are blessed at the consecration in every Mass, as the priest speaks the words of Jesus. "Take and eat, this is my Body" and "Take and drink, this is my Blood". This is intimacy at the deepest level, for when we receive the Body and Blood of Christ in Holy Communion, we receive our Lord into our own life and he comes to live in us and we in him, and so there is communion between ourselves with Him, and with his body, the church.

This weekend we have a presentation Mass for this year's First Holy Communion children in our parish. It is a joy and source of pride for parents and families to see their child prepare for and receive our Lord in Holy Communion. For children and the parish community it is a growth in their relationship with Christ in his Body, the Church. Parents looked forward to this at Baptism, when they brought their child to the Altar and prayed "The Lord's Prayer", looking forward to their grown-up child offering that prayer, just before receiving our Lord in Holy Communion.

Many hymns that speak to us about the presence of the Lord in Holy Communion. We can ponder on their meaning and the ways in which they communicate the Lord's giving himself to us in this Sacrament. "Of the glorious Body telling; O my tongue, its mysteries sing", "O bread of heaven, beneath this veil thou dost my very God conceal", "Soul of my Saviour, sanctify my breast; Body of Christ, be thou my saving guest", "O thou who at thy Eucharist didst pray that all thy church might be forever one", "I am the Bread of Life, he comes to me shall not hunger".

We celebrate the feast of the Most Sacred Heart of Jesus on Friday. We often hear people say "my heart goes out to" a person or people faced with great suffering or a tragedy. In the person of Jesus, the heart of God goes out to his people and shows us that "The Lord is compassion and love, slow to anger and rich in mercy". May we be prayerfully grateful to God for reaching out to us and loving us in the Sacred Heart of Jesus, and nourishing us with the Bread of Life in Holy Communion.

May Christ bring us into a deeper Holy Communion with himself. Fr John

CONGRATULATIONS to our First Holy Communion children: Amelia, Isabel, Fintan, Henry, Edel, Alice, Fredi, Oliver, Klarissa, Sophie, Alessia, Gabriel and their families on receiving Holy Communion at this time. Their Presentation Mass and presentation of their First Holy Communion Certificates will be celebrated this Sunday, 11th June at 11am Mass, followed by a celebration party in our Hall.

THANK YOU to Stella Pleydell & Pat Blount, our Catechists for giving so very generously of their time and talents weekly, over the past year and previous years, in preparing the children for First Reconciliation and First Holy Communion. We are most grateful to them, and also to the parents who helped with the course.

ALTAR SERVERS: We invite adults, young people or children to serve Mass. We ask children who have received first Holy Communion in recent times to consider serving the Lord at Mass. Please contact Fr John if you would like to serve Mass.

BAPTISM: Congratulations to the family of Lilah Adelaida Chohan baptised in our Church on Saturday, 3rd June. May the Lord bless them and their family and help them bring up their children in the knowledge and love of God.

ANNIVERSARIES: Anne Cleverly, Margaret Stubbs, Fr Thomas Crowe (11/6), Fr John Gallagher, Fr Robert Mortimer-Anderson (12/6), Fr Thomas Carlin (13/6), Fr Gerard Hughes, Elizabeth Finn (14/6), Fr Ambrose O'Gorman, Carole Dubber, Muriel Hall (15/6), Bishop Bernard Patrick Wall, Bill Dowd, John O'Hallaghan, May & Willie Morgan, Violet Ben Gesser (18/6). Eternal rest grant to them, Lord, let perpetual light shine upon them. May they rest in peace

WE PRAY FOR OUR SICK AT HOME, IN HOSPITAL & CARE HOMES:

Lord Jesus Christ, our Most Holy Redeemer, by the grace of your Holy Spirit, grant comfort and healing to all who suffer in mind, body or spirit. When they are afraid give them courage, when they are afflicted give them patience, when dejected lift them up with new hope, when alone, assure them of the prayerful support of your holy people. Through Christ, our Saviour. Amen.

"MARY'S MEALS" invites you to collect all your foreign currency no matter how old or obscure. There are envelopes in church for your foreign coins and notes. You can put the envelopes into the box in church or give in to the Parish Office. Clear out your drawers and look under the sofa. This charity currently feeds over 2.4 million young children one good meal every day in their place of education. By giving your foreign or obsolete coins and notes to Mary's Meals you can help feed the next hungry child in over 18 countries. Due to our low costs we can do this for as little as £19.15 per child per year! *We take UK coins/notes that are no longer legal tender." For more information visit the website: www.marysmeals.org.uk/

OUR PARISH HALL is available to hire at competitive rates, and at a discount for parishioners. It is available on a regular basis on some weekday evenings for anyone wishing to hire either for a parish group or a commercial booking. Please consider using our hall for your celebratory events and mention to your friends. Please contact the Parish Office for details and bookings.

PARISH FINANCE COMMITTEE: We express our gratitude to **Richard Steggle** who has stepped down as Chairman of our Parish Finance Committee. Richard has conscientiously carried out this responsibility for many years and we are extremely grateful to him for giving so generously of his time and expertise to our parish.

JUNE ROSE PENSIONERS' BALL: NEXT SATURDAY, 17th JUNE. 12 noon until 4pm in our church hall. Tickets £5 on the door. All proceeds to our parish. Please see the poster in church porch for further details.

APPEAL FOR FLOWER ARRANGERS: We need more help to arrange flowers in our church. We are most grateful to our small team who create imaginative and beautiful arrangements but would welcome more helpers. Guidance will be given to new people to use your talents for the glory to God and delight of people in church. Please contact our Parish Office if you would like to enquire or help.

GIFT AID: Please let Michele Murphy know (via the Parish Office) if you would like a letter for the Inland Revenue detailing your gift aided total contributions for the tax year 2021/22. Please also let her know if you no longer pay income tax.

THE UNIVERSE CATHOLIC WEEKLY newspaper is being published again, with many very interesting articles and news, after closing during the pandemic. Display copies are at the back of the Church and if anyone wishes to order a copy, please let us know. It is also available online at https://universecatholicweekly.co.uk/

<u>CATHOLIC SINGLES</u> is an organisation that helps single Catholics of all ages (over 18 years) meet other single Catholics, either one to one or through social events. For information visit <u>www.catholicsingles.org.uk</u> or tel. 0161 941 3498.

DISCRIMINATORY ABORTION LAW: Heidi Crowter is to take a case against UK Govt over discriminatory abortion law to European Court of Human Rights. Heidi, who has Down's syndrome, has announced she will be take her case against the UK Government over our current discriminatory abortion law, which allows abortion up to birth for children with Down's syndrome, to the European Court of Human Rights. To find out more about her case and the discrimination babies with Down's syndrome face in the womb, visit: https://righttolife.org.uk/HeidiCase

EPPING FOREST FOODBANK The Foodbank needs the usual items. Thank you for your generous giving to those in need! **WE HAVE FOOD BANK VOUCHERS** for anyone who may need them. Please contact Fr John or our Parish Office.

WE LIVE STREAM SUNDAY MASS at 11am from OUR CHURCH on youtube.com/channel/UCAbSuwE8X5AOaugAT35hREw or search on google: The Immaculate Conception Catholic Church, Epping and visit the channel.

Mobile phones scan the OR code to take you to the



Mobile phones scan the QR code to take you to the channel.