

**WELCOME TO CHURCH.** To attend a weekend Mass in our Church you need to book a seat (s). Please change or cancel your booking if you will not attend the Mass you have booked, so that a place is freed up for another person(s) to attend Mass.

**SOLEMNITY OF THE MOST HOLY TRINITY** **30 May 2021**

Saturday 29<sup>th</sup> 6.00pm Private intention  
Sunday 30<sup>th</sup> 9.00am People of our Parish **Live streamed**  
May 2021 11.00am Anne McEaney RIP Anniv (Darcy) **Live streamed**  
**Evening Mass** . 5.00pm Ingeburg Graff RIP Recently (McAdam)

**WEEK 9 of Ordinary Time: Readings at Mass: Weekdays Year 1 - Sundays Year B**

Monday 31<sup>st</sup> Dedication of the Cathedral of St Mary & St Helen, Brentwood  
May 2021 10.00am Private intention  
Tuesday **St Justin, Martyr** Divine Office: Psalms of Week 2  
1<sup>st</sup> June 2021 9.15am Special intention  
Wednesday 2<sup>nd</sup> **Ss. Marcellinus & Peter, Martyrs**  
12 noon Private intention  
Thursday 3<sup>rd</sup> **St Charles Lwanga & Companions, Martyrs of Uganda**  
9.15am Private intention  
Friday 4<sup>th</sup> 12 noon Private intention  
Saturday 5<sup>th</sup> **St Boniface, Bishop & Martyr, Apostle of Germany**  
Baptism Gabriella Metodiev

**SOLEMNITY OF CORPUS CHRISTI - The Body & Blood of Christ - 6 June 2021**

Saturday 5<sup>th</sup> 6.00pm Leslie & Kathleen Black RIP (Black)  
Sunday 6<sup>th</sup> 9.00am The People of our Parish  
June 2021 11.00am Matthias McGrath RIP  
**Evening Mass** 5.00pm Private intention

**SACRAMENT OF PENANCE on Saturday 5<sup>th</sup> June 11am to 11.30am & on request.**

**MASS READINGS FOR THE MOST HOLY TRINITY B** **30<sup>th</sup> May 2021**

**DEUTERONOMY 4:32-40** The Lord is God indeed, in heaven above & earth below  
**PSALM 32** Happy the people the Lord has chosen as his own  
**ROMANS 8:14-17** You received the Spirit of sons that makes us cry out Abba Father  
**MATTHEW 28:16-20** Baptise in the name of the Father & the Son & Holy Spirit

**DIOCESE OF BRENTWOOD WEBSITE:** <https://www.dioceseofbrentwood.net/>

**DAILY SERVICES WITH MASS:** [www.churchservices.tv/timetable/](http://www.churchservices.tv/timetable/)

**Daily Mass at Westminster Cathedral:** [www.churchservices.tv/westminster/](http://www.churchservices.tv/westminster/)

**Daily Mass at Our Lady of Lourdes, Leigh-on-Sea:** <https://lourdesleigh.org/>

**St. Joseph English Martyrs Bishops Stortford** [www.churchservices.tv/bishopsstortford/](http://www.churchservices.tv/bishopsstortford/)

**OFFERINGS:** Thank you for your generous weekly Offerings of £800 in standing orders and last weekend £368.25 and £10 to CAFOD. You can hand in Offerings to the Priest's House and make donations to our Parish online at: [www.dioceseofbrentwood.net/donations?parish=epping/////](http://www.dioceseofbrentwood.net/donations?parish=epping/////)

**SUNDAY MASSES:** Presently, we have Mass at 5pm on Sundays as well as at 9am & 11am to relieve pressure on places at morning Mass. Sunday, 20<sup>th</sup> June, will be our last Sunday evening Mass. **We need people to help Steward/ Ushers at Sunday Masses.** Please speak to Fr John or by email if you can help.

## **The Immaculate Conception Catholic Church**



11 Church Hill, Epping, Essex, CM16 4RA  
Parish Priest: Father John McGrath Tel: 01992 572516  
Deacon: Rev Duncan Whitehouse Tel: 01992 577173  
Email: [epping@dioceseofbrentwood.org](mailto:epping@dioceseofbrentwood.org)  
Website: [www.eppingcatholicchurch.co.uk](http://www.eppingcatholicchurch.co.uk)  
**Registered Charity Number: 234092**

Our parish is twinned with Thistle Grove & Lebohang  
Parish in the Diocese of Dundee, South Africa

**SOLEMNITY OF THE MOST HOLY TRINITY** **30<sup>th</sup> May 2021**

*Dear Friends and Parishioners,*

Jesus said to them, “Go and make disciples of all nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I have given you” (Matt.28:16-20). The Gospel gives us the final meeting of Jesus with his disciples of his Ascension into heaven. He tells them “All authority in heaven and on earth has been given to me” and he gives them a commission and responsibility to “make disciples of all nations and to baptise in the name of God the Father, Son and Holy Spirit, the three persons in the one God whom we call the Most Holy Trinity.

The authority Jesus gave to his apostles to teach and baptise has passed down the ages in the church, through the bishops. Christians, the followers of Christ, are baptised and blessed in the name of God their Father and Creator, Jesus their brother and Saviour, and the Holy Spirit the Comforter and Sanctifier who lives in our heart. It is our tradition in the Catholic Church, that we bless ourselves by making the Sign of the Cross, to begin and end our prayer. At those times, we are calling on the three persons in the Most Holy Trinity, God the Father, Son and Holy Spirit to be present to us and we to them. Our relationship with God is a gift of grace that comes to us from heaven and is centred on, sustained and blessed by the Three persons in one God.

Some people can feel trapped or frustrated in a relationship and that may even apply to relationship with God and his Church. St Paul tells us the Holy Spirit lives in our heart and brings us a spirit of freedom not slavery. He says that everyone moved by the Holy Spirit is a child of God, by receiving the dignity of being children of God, it enables us to cry out with faith, “Abba, Father”, to God our Father in heaven (Rom.8:14-17).

Changes are coming in church regarding some Covid regulations. Most are minor at this time, but we still need to be very careful, not only for our-self but for the sake of others. When we think of others rather than our-self, we have compelling reasons to act with charity and social responsibility for the good of all. In that way, we are witnesses to our faith and show Christ active in our life.  
*May God the Father, Son and Holy Spirit, bless and protect you. Fr John*

**CONGRATULATIONS:** We offer our congratulations and prayerful good wishes to James Ryan and Maria Byrne who are getting married this **Saturday, the 29<sup>th</sup> May**, at St Elizabeth of Portugal Catholic Church, Richmond, Surrey. We express our gratitude to James for his very many and varied contributions and good work in our parish. We wish James and Maria a truly blessed, long and very happy marriage.

**HELP AS A STEWARD/USHER IN OUR CHURCH:** We are most grateful to our **Stewards & Ushers in church** who help us keep safe and comply with the Covid regulations. We need more helpers for this role to keep people safe and for the Mass at 5pm on Sundays. **If you can help, please see Fr John after Mass or contact our Parish Office: email [admin@eppingparish.plus.com](mailto:admin@eppingparish.plus.com) or phone 01992 572516.**

**FACEBOOK GROUP:** Our parish Facebook Group posts daily updates and links to parishes & activities in our Diocese. James Ryan manages and monitors the input for security and relevance. If you would like to join the group, please click on: <https://www.facebook.com/groups/26415423943/?ref=share/>

**FRESH START:** With hope of relaxation of Covid regulations on 21 June, we need to plan for a new normal in our parish and church. Open the church more, have music and singing, altar serving, parish meetings & social activities, and visits to people at home.

**HELP FOR SHOPPING etc.** Parishioners and local people who need prescriptions collected, something from the shops, letters posted or someone to chat to on the phone, please call the Priest's House on **01992 572516** and Fr John will put you in touch with a willing helper who will assist you.

**LOURDES AT YOUR LOCAL** From **Monday 26<sup>th</sup> to Friday 30<sup>th</sup> July**, Brentwood Catholic Youth Service will host "**Lourdes at your Local**" for Summer 2021. There will be a Mass celebrated each morning at 11am, with Anointing of the Sick and joyful music, followed by a cup of coffee and refreshments in the parish hall afterwards. These will then be streamed online each evening. There will be Daily Rosary and a Torchlight Procession. A Talent Show will be available to take part in virtually during the week. The Masses will take place in Leigh-on-Sea, Clacton-on-Sea, Canning Town, Wanstead and Brentwood to which you are warmly invited to join us. Further details and a full itinerary are available on our website [www.bcys.net/events](http://www.bcys.net/events)

**VOLUNTARY ACTION EPPING FOREST,** based in Thornwood, gives relief boxes to households & individuals struggling money-wise partly due to Covid 19. Contact Nick on **07967726851** or the befriending service on **07708171116** or go to the website at: <https://vaef.org.uk/covidresponse@vaef.org.uk>

**ONGAR PARISH ADMINISTRATOR:** Required for our Parish Office. Ideally, the successful applicant will be an administrator with substantial experience in office organisation and a good team player with excellent communication & Microsoft office skills, including Word and Excel and financial experience. Applicants must be self-motivated, organised, can multi-task, work to deadlines, and use their initiative in the role. 20 hours per week at £9.50-£10.50 per hour. Closing date: **Friday 18<sup>th</sup> June 21.** Contact Parish Office at: [ongar@dioceseofbrentwood.org](mailto:ongar@dioceseofbrentwood.org) for application & details.

**ANNIVERSARIES:** Alice McGarry (29/5), Fr John Timmins (30/5), Bishop John Petit, Canon Eric Goldingay, Fr Donald Clover (2/6), David Gooding, Canon Jerome Deedy (3/6), Roger Hayward (4/6), John Harris (5/6). **Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.**

**PRAY FOR OUR SICK AT HOME AND IN HOSPITAL & CARE HOMES:** May the Lord's healing power come to them.

**BIBLES FOR SALE:** The Catholic edition of the New Revised Standard Version of the Bible is on sale in church at a reduced price of £10. It contains the references for all the Sunday Mass readings and an excellent selection of Catholic prayers. We also have a wide selection of quality cards for every occasion.

**EPPING FOREST FOODBANK** We thank our very generous parishioners who have donated much food and goods for Epping Forest Food Bank, in the basket in our church porch by the Priest's House & Sacristy. It urgently needs: UHT Milk, Instant Mash, Small Couscous Packs, Tinned Spaghetti, Microwaveable Rice Pouches, Vegetable Noodle Packs, Sponge Puddings, Small Jars of Peanut Butter, Small Jars of Coffee, Hot Chocolate, Chocolate Bars, Snack Bars/ Snacks, Halal Corned Beef, Reusable Face Masks, Hand Sanitiser(70% Alcohol), Female & Male Deodorant, Toothbrushes & Toothpaste, Hair Shampoo and Conditioner, Laundry Tablets, etc. **Your donations in the church porch basket will be most welcome!**

**RETRouvaille: A PROGRAMME FOR COUPLES: Help Your Marriage** – Retrouvaille is a programme to support couples who have difficulties in marriage. Tens of thousands of couples headed for divorce have successfully saved their marriage by attending and using the means provided. It helps through difficult times whether they are disillusioned or in misery. There is no group therapy or group work. For confidential information about 'Retrouvaille' or to register for a programme starting with a Virtual weekend on **1<sup>st</sup>-4<sup>th</sup> July** call or text 07887 296983 or 07973 380443 or email [retrouvailleukinfo@gmail.com](mailto:retrouvailleukinfo@gmail.com) - or visit [www.retrouvaille.org.uk](http://www.retrouvaille.org.uk)

**RIGHT TO LIFE NEWS:** [www.righttolife.org.uk/news](http://www.righttolife.org.uk/news) seeks to reach many people with the latest pro-life news to keep people informed and help change more hearts and minds on life issues. It is the most viewed pro-life website in Europe. There is concern that some media outlets present themselves as journalists 'campaigning' for abortion access; a most recent example being changes to the Guardian's guidelines on how they report on abortion, a move following long-term bias in the BBC. If this continues, it will be problematic for the mainstream public to be informed on pro-life issues like abortion, ethical principles to do with life issues and "treatments" at the end of life.

**CATHOLIC BIBLICAL ASSOCIATION:** On **Saturday 12<sup>th</sup> June** at 11 am Fr Jeremy Corley, lecturer in Sacred Scripture at St Patrick's College, Maynooth, will speak on 'Afterlife Hope before the New Testament'. This event is free of charge and can be accessed by going to [www.whatgoodnews.org](http://www.whatgoodnews.org) and following the instructions. No prior booking necessary. The event will be available subsequently on the same website. Dr Sean Ryan, chair of the CBA, will introduce the day and take questions.

## CATHOLIC PARISH OF EPPING The Immaculate Conception

### HOW TO STREAM MASS FROM EPPING at HOME

**We live stream Sunday Masses at 9am and 11am from Epping Catholic Church on You Tube every Sunday.**

You do not need a Youtube account to watch. Using a laptop, computer or mobile phone, you need speakers or headphones if your device does not built in speakers. If you have a smart TV, you can pair a device (such as mobile phone or iPad or tablet) to watch it on your television. To view the Mass search: **The Immaculate Conception Catholic Church, Epping** and visit the channel where you will find the live stream. All you need to do is click on the live video.

If you have difficulty, type the URL (web address) into the address bar:  
youtube.com/channel/UCAbSuwE8X5AOaugAT35hREw

**On a mobile phone simply scan the QR code to take you to the channel**



**Please let us know if you have a problem and we will try our best to help.**

### **PRAYER FOR ALL AFFLICTED IN THIS TIME OF PANDEMIC**

Let us pray for all who suffer from the current pandemic, that God the Father may grant health to the sick, strength to all who care for them, comfort to families and salvation to all the victims who have died.

“Almighty and ever living God, support of our human weakness, look with compassion upon the sorrowful condition of your children who suffer because of the pandemic; relieve the pain of the sick, give strength to all who care for them, welcome into your peace all who have died, console all who mourn, and grant that we may all find comfort and consolation in your merciful love. We make this prayer, with faith and hope, through Jesus Christ, our Lord and Saviour, who intercedes for us at your right hand and lives and reigns forever and ever. Amen.

## IT IS MOST IMPORTANT THAT YOU BOOK TO ATTEND WEEKEND MASSES IN EPPING CATHOLIC CHURCH

Churches were permitted to reopen for people to attend services last July on completing risk assessments and compliance with Covid regulations. **In our church we are now allowed 75 people.** The gallery in our church is not for general use due to the lack of screens, social distancing problems and the danger of spreading the virus over the balcony by aerosols.

- **You STILL need to book a place in church for a particular weekend Mass.** In the plan of our church, seats will be filled as bookings are made to Deacon Duncan by email at: [duncanjcjwhitehouse@gmail.com](mailto:duncanjcjwhitehouse@gmail.com) or phone on 01992 577173 by 5pm on Friday evenings. Bookings sent to our Parish Office are forwarded to Deacon Duncan for completing.
- After booking for a Mass, if you cannot attend or must change time, please notify Deacon Duncan immediately so that others can have those places.
- If people have not booked in good time for a particular weekend Mass, it may not be possible for them to enter for Mass, if places are already taken or the church is full. Those who book will be allowed to take their places first.
- You must not come to church if you are vulnerable or have Covid symptoms.

These procedures cause problems for all of us and we regret having to go down this route for safety. However, we must not take the risk of spreading the virus by breaking regulations, having our services halted, people being sent home or our church being closed as has happened in other places. Fr John

**STAY SAFE IN CHURCH:** We must all wear masks or face coverings in church, except when reading. We must sanitise our hands as we enter and leave church and keep a social distance of 1 meter, not interact with people inside or outside church who are not in our group and scan the QR code or register on attending church for track & trace as we enter or leave. If you show Covid symptoms, been tested positive for Covid19, or told to stay at home/quarantine, you must follow NHS directions and not come to church.

**CHILDRENS LITURGY:** <https://cafod.org.uk/Education/Children-s-liturgy>

**LOOK and ICHTUS SHEETS** on the Mass for Primary School children.