

**WELCOME TO CHURCH.** To attend a weekend Mass in our Church you need to book a seat (s). Please change or cancel your booking if you will not attend the Mass you have booked, so that a place is freed up for another person(s) to attend Mass.

**PENTECOST SUNDAY – DAY OF PRAYER FOR THE CHURCH - 23 May 2021**

Saturday 22<sup>nd</sup> 6.00pm People of our Parish  
Sunday 23<sup>rd</sup> 9.00am John Hassey RIP Recently **Mass Live streamed**  
May 2021 11.00am Dominic McCrudden RIP Recently (Crehan) **streamed**  
**Latin Mass** 3.00pm SUNG LATIN MASS in The Tridentine Rite  
**Evening Mass** 5.00pm **Private intention** **End of the Easter Season**

**WEEK 8 of Ordinary Time: Readings at Mass Sundays Year B - Weekdays Year 1**

Monday 24<sup>th</sup> Blessed Virgin Mary, Mother of the Church  
Week 8 O.T. 9.15am Private intention Divine Office Psalms of Week 4  
Tuesday 25<sup>th</sup> St Bede the Venerable, Priest & Doctor  
9.15am Private intention  
Wednesday 26<sup>th</sup> St Philip Neri, Priest  
12 noon Private intention  
Thursday 27<sup>th</sup> Our Lord Jesus Christ, the Eternal High Priest  
9.15am Private intention  
Friday 28<sup>th</sup> 12 noon Matthias McGrath RIP Anniv

**THE MOST HOLY TRINITY: God the Father, Son & Holy Spirit - Sunday 30 May 21**

Saturday 29<sup>th</sup> 6.00pm Private intention  
Sunday 30<sup>th</sup> 9.00am People of our Parish  
May 2021 11.00am Anne McEaney RIP Anniv (Darcy)  
**Evening Mass** 5.00pm Ingeburg Graff RIP Recently (McAdam)

**SACRAMENT OF PENANCE: by arrangement and on request to the Parish Priest.**

**MASS READINGS FOR PENTECOST SUNDAY B 23rd May 2021**

ACTS 2:1-11 They were all filled with the Holy Spirit and began to speak as....  
PSALM 103 Send forth your Spirit, O Lord, and renew the face of the earth  
1CORINTHIANS 12:3-13 In the One Spirit, we are all Baptised (or Galatians 5)  
**JOHN 20:19-23 As the Father sent me, so am I sending you: Receive the Holy Spirit**

**DIOCESE OF BRENTWOOD WEBSITE: <https://www.dioceseofbrentwood.net/>**

**DAILY SERVICES WITH MASS: [www.churchservices.tv/timetable/](http://www.churchservices.tv/timetable/)**

**Daily Mass at Westminster Cathedral: [www.churchservices.tv/westminster/](http://www.churchservices.tv/westminster/)**

**Daily Mass at Leigh-on-Sea: Our Lady of Lourdes Church at <https://lourdesleigh.org/>**

**St. Joseph English Martyrs Bishops Stortford [www.churchservices.tv/bishopsstortford/](http://www.churchservices.tv/bishopsstortford/)**

**OFFERINGS:** Thank you for your generous weekly Offerings of £800 in standing orders and last weekend £290.50 (£218.00 in envelopes and £77.50 loose) and £10 to CAFOD. You can hand in Offerings to the Priest's House and make donations to our Parish online at: [www.dioceseofbrentwood.net/donations?parish=epping/////](http://www.dioceseofbrentwood.net/donations?parish=epping/////)

**SUNDAY MASSES:** Presently we have Mass at 5pm on Sundays as well as 9am and 11am Masses. This should relieve the pressure for places at Sunday morning Masses - its continuance will depend on attendance until the 21<sup>st</sup> June. This is an extra choice for people to attend Mass. **We urgently need people to help as Stewards/Ushers at this and other Masses. Please contact Fr John if you can help.**

## **The Immaculate Conception Catholic Church**



11 Church Hill, Epping, Essex, CM16 4RA  
Parish Priest: Father John McGrath Tel: 01992 572516  
Deacon: Rev Duncan Whitehouse Tel: 01992 577173  
Email: [epping@dioceseofbrentwood.org](mailto:epping@dioceseofbrentwood.org)  
Website: [www.eppingcatholicchurch.co.uk](http://www.eppingcatholicchurch.co.uk)  
**Registered Charity Number: 234092**

Our parish is twinned with Thistle Grove & Lebohang Parish in the Diocese of Dundee, South Africa

**PENTECOST SUNDAY DAY OF PRAYER FOR THE CHURCH 23.5.21**

**THOUGHT FOR THE WEEK**

Today we celebrate the birthday of the Christian Church at Pentecost, 50 days after the Resurrection, when the fulfilment of everything that Jesus had promised was shown to the Apostles. As 'In the beginning', the Spirit of God filled the whole world, so at Pentecost, the Holy Spirit provided inspiration for early Christians and continues to provide inspiration to all those baptised in the Christian Church today.

How privileged we are to be part of that Church, and to have the opportunity, with the help of the Holy Spirit, to further God's will within our own community and beyond. The Holy Spirit will help us to know what to say and what to do in any situation. He generously dispenses his 7 gifts of Wisdom, Understanding, Right-judgement, Courage, Knowledge, Reverence, and the Spirit of Wonder and Awe in the presence of God. As St Paul says in his 1<sup>st</sup> letter to the Corinthians; There is a variety of gifts of the Holy Spirit, and all sorts of service to be done, working in all sorts of different ways in different people. He is there and always ready to help us, simply awaiting our call to him. The gifts he gives us will enable us to display to those we meet the 12 fruits of the Holy Spirit: Charity, Joy, Peace, Patience, Goodness, Kindness, Long-suffering, Mildness, Faith, Modesty, Self-control and Chastity. How wonderful it is to be able to help to transform parts of our largely pagan world to display these qualities.

Who can be expected to undertake such a monumental task? I suppose that it is like a giant jig-saw puzzle and it is important to remember that God has allocated to each of us a small personal task to undertake in this giant jig-saw to help his kingdom on earth to thrive and grow, and if we do not do it...it is not done – we cannot pass our allocated responsibility on to anyone else. If we really love God, we must ask the Holy Spirit to inform us of what is our role. Surely, we must not allow gaps to be left unfinished in God's jigsaw of Christian life. With the Holy Spirit always there to guide us, how can we fail to carry out God's work?

The Pentecost Prayer is an inspiration for us to be attuned to God's needs of us: ***Come, Holy Spirit, fill the hearts of your faithful; enkindle in them the fire of your love that we may be transformed; and so, through our work for you, you will renew the face of the earth. Amen.*** God bless us as we contemplate God's message this Pentecost.. **Deacon Duncan**

### **PRAYER FOR THE COMING THE HOLY SPIRIT**

**Come, O Holy Spirit, fill the hearts of your faithful,  
and enkindle in them the fire of your love.  
Send forth your Spirit and they shall be created.  
And you shall renew the face of the earth.**

**Let us pray: O God, who taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit we may always be truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen.**

### **PRAY FOR OUR SICK AT HOME AND IN HOSPITAL & CARE HOMES:**

**May the Lord's healing power come to them.**

**HELP AS A STEWARD/USHER IN OUR CHURCH:** We are most grateful to our Stewards & Ushers in church who help us keep safe and complying with Covid regulations. We need some more helpers for this important role to keep people safe and especially for the extra Mass on Sundays at 5pm. **If you can help, please contact our Parish Office: email [admin@eppingparish.plus.com](mailto:admin@eppingparish.plus.com) or phone 01992 572516.**

**FACEBOOK GROUP:** Our parish Facebook Group posts daily updates and links to parishes & activities in our Diocese. James Ryan manages and monitors the input for security and relevance. If you would like to join the group, please click on: <https://www.facebook.com/groups/26415423943/?ref=share/>

**FRESH START:** With hope of relaxation of Covid regulations on 21 June, we need to plan for a new normal in our parish and church. Open the church more, have music and singing, altar serving, parish meetings & social activities, and visits to people at home.

**HELP FOR SHOPPING etc.** Parishioners and local people who need prescriptions collected, something from the shops, letters posted or someone to chat to on the phone, please call the Priest's House on **01992 572516** and Fr John will put you in touch with a willing helper who will assist you.

**LOURDES AT YOUR LOCAL** From Monday 26<sup>th</sup> to Friday 30<sup>th</sup> July, Brentwood Catholic Youth Service will host "**Our Lourdes at your Local**" for Summer 2021. There will be a Mass celebrated each morning at 11am, with Anointing of the Sick and joyful music, followed by a cup of coffee and refreshments in the parish hall afterwards. These will then be streamed online each evening. There will be Daily Rosary and a Torchlight Procession. A Talent Show will be available to take part in virtually during the week. The Masses will take place in Leigh-on-Sea, Clacton-on-Sea, Canning Town, Wanstead and Brentwood to which you are warmly invited to join us. Further details and a full itinerary are available on our website [www.bcys.net/events](http://www.bcys.net/events)."

**VOLUNTARY ACTION EPPING FOREST,** based in Thornwood, gives relief boxes to households & individuals struggling money-wise partly due to Covid 19. Contact Nick on **07967726851** or the befriending service on **07708171116** or go to the website at: <https://vaef.org.uk/covidresponse@vaef.org.uk> s

**ANNIVERSARIES:** Beatrice Cox, Kieran McClean, Fr Henry Peace (23/5), Fr Austin Thorburn, Fr Charles Carless(24/5), Daniel Willmore, Joyce Ryan, Rosemary Batten (25/5), Sally Ward, Laura Diffeley (26/5), Richard Faydle (27/5), Lawrence Ford, Agnes Blunt (28/5), Alice McGarry (29/5), Fr John Timmins (30/5). **Eternal rest grant unto them, O Lord, and may they rest in peace.**

**BIBLES FOR SALE:** The Catholic edition of the New Revised Standard Version of the Bible is on sale in church at a reduced price of £10. It contains the references for all the Sunday Mass readings and an excellent selection of Catholic prayers. We also have a wide selection of quality cards for every occasion.

**EPPING FOREST FOODBANK** We thank our very generous parishioners who have donated much food and goods for Epping Forest Food Bank, in the basket in our church porch by the Priest's House & Sacristy. It urgently needs: UHT Milk, Instant Mash, Small Couscous Packs, Tinned Spaghetti, Microwaveable Rice Pouches, Vegetable Noodle Packs, Sponge Puddings, Small Jars of Peanut Butter, Small Jars of Coffee, Hot Chocolate, Chocolate Bars, Snack Bars/ Snacks, Halal Corned Beef, Reusable Face Masks, Hand Sanitiser(70% Alcohol), Female & Male Deodorant, Toothbrushes & Toothpaste, Hair Shampoo and Conditioner, Laundry Tablets, etc. **Your donations in the church porch basket will be most welcome!**

**RETRouvaille: A PROGRAMME FOR COUPLES: Help Your Marriage –** Retrouvaille is a programme to support couples who have difficulties in marriage. It brings a positive focus, new hope and helps nourish and grow your marriage ....and you don't need to leave home, it comes to you! Tens of thousands of couples headed for divorce have successfully saved their marriage by attending and using the means provided. The programme helps spouses uncover or re-awaken the love, trust and commitment that first brought them together. It helps through difficult times whether they are disillusioned or in misery. There is no group therapy or group work. For confidential information about 'Retrouvaille' or to register for a programme starting with a Virtual weekend on **1<sup>st</sup>-4<sup>th</sup> July** call or text 07887 296983 or 07973 380443 or email [retrouvailleukinfo@gmail.com](mailto:retrouvailleukinfo@gmail.com) - or visit [www.retrouvaille.org.uk](http://www.retrouvaille.org.uk)

**RIGHT TO LIFE NEWS:** [www.righttolife.org.uk/news](http://www.righttolife.org.uk/news) seeks to reach many people with the latest pro-life news to keep people informed and help change more hearts and minds on life issues. It is the most viewed pro-life website in Europe. There is concern that some media outlets present themselves as journalists 'campaigning' for abortion access; a most recent example being changes to the Guardian's guidelines on how they report on abortion, a move following long-term bias in the BBC. If this continues, it will be problematic for the mainstream public to be informed on pro-life issues like abortion, ethical principles to do with life issues and "treatments" at the end of life.

**ONGAR PARISH ADMINISTRATOR:** Required for our Parish Office. Ideally, the successful applicant will be an administrator with substantial experience in office organisation and a good team player with excellent communication & Microsoft office skills, including Word and Excel and financial experience. Applicants must be self-motivated, organised, can multi-task, work to deadlines, and use their initiative in the role. 20 hours per week at £11 per hour. Closing date: **Friday 18th June 2021.** Contact the Parish Office: [ongar@dioceseofbrentwood.org](mailto:ongar@dioceseofbrentwood.org) for application & details.

## CATHOLIC PARISH OF EPPING The Immaculate Conception

### HOW TO STREAM MASS FROM EPPING at HOME

**We live stream Sunday Masses at 9am and 11am from Epping Catholic Church on You Tube every Sunday.**

You do not need a Youtube account to watch. Using a laptop, computer or mobile phone, you need speakers or headphones if your device does not built in speakers. If you have a smart TV, you can pair a device (such as mobile phone or iPad or tablet) to watch it on your television. To view the Mass search: **The Immaculate Conception Catholic Church, Epping** and visit the channel where you will find the live stream. All you need to do is click on the live video.

If you have difficulty, type the URL (web address) into the address bar:  
[youtube.com/channel/UCAbSuwE8X5AOaugAT35hREw](https://youtube.com/channel/UCAbSuwE8X5AOaugAT35hREw)

**On a mobile phone simply scan the QR code to take you to the channel**



**Please let us know if you have a problem and we will try our best to help.**

### PRAYER FOR ALL AFFLICTED IN THIS TIME OF PANDEMIC

Let us pray for all who suffer from the current pandemic, that God the Father may grant health to the sick, strength to all who care for them, comfort to families and salvation to all the victims who have died.

“Almighty and ever living God, support of our human weakness, look with compassion upon the sorrowful condition of your children who suffer because of the pandemic; relieve the pain of the sick, give strength to all who care for them, welcome into your peace all who have died, console all who mourn, and grant that we may all find comfort and consolation in your merciful love. We make this prayer, with faith and hope, through Jesus Christ, our Lord and Saviour, who intercedes for us at your right hand and lives and reigns forever and ever. Amen.

## IT IS MOST IMPORTANT THAT YOU BOOK TO ATTEND WEEKEND MASSES IN EPPING CATHOLIC CHURCH

Churches were permitted to reopen for people to attend services last July on completing risk assessments and compliance with Covid regulations. **In our church we are allowed only 23 single individuals, or 55 people** of family groups from the same bubble or house, at any one time. The gallery in our church is not for general use due to the lack of screens, social distancing problems and the danger of spreading the virus over the balcony by aerosols.

- **You need to book a place in church for a particular weekend Mass.** In the plan of our church, seats will be filled as bookings are made to Deacon Duncan by email at: [duncanjcwhitehouse@gmail.com](mailto:duncanjcwhitehouse@gmail.com) or phone on 01992 577173 by 5pm on Friday evenings. Bookings sent to our Parish Office are forwarded to Deacon Duncan for completing.
- After booking for a Mass, if you cannot attend or must change time, please notify Deacon Duncan immediately so that others can have those places.
- If people have not booked in good time for a particular weekend Mass, it may not be possible for them to enter for Mass, if places are already taken or the church is full. Those who book will be allowed to take their places first.
- You must not come to church if you are vulnerable or have Covid symptoms.

These procedures cause problems for all of us and we regret having to go down this route for safety. However, we must not take the risk of spreading the virus by breaking regulations, having our services halted, people being sent home or our church being closed as has happened in other places. Fr John

**STAY SAFE IN CHURCH:** We must all wear masks or face coverings in church, except when reading. We must sanitise our hands as we enter and leave church and keep a social distance of 2 meters (6 feet), not interact with people inside or outside church who are not in our group and scan the QR code or register on attending church for track & trace as we enter or leave. If you show Covid symptoms, been tested positive for Covid19, or told to stay at home/quarantine, you must follow NHS directions and not come to church.

**MAY IS THE MONTH OF OUR LADY – The Blessed Virgin Mary:** Pope Francis has asked us to pray The Rosary daily in May, even if only one decade, asking the intercession of our Lady, that the present pandemic may be ended and that people may have healing, freedom and peace.

**CHILDRENS LITURGY:** <https://cafod.org.uk/Education/Children-s-liturgy>

**LOOK and ICHTUS SHEETS** on the Mass for Primary School children.