

WELCOME TO MASS & CHURCH on weekdays & Sundays. You must book for a weekend Mass in our Church. See directions to comply with the Covid regulations.

PALM SUNDAY OF THE PASSION OF THE LORD Holy Week 28 March 2021

Saturday 27th 12 noon Baptism: Thomas McCarthy
Saturday 27th 6.00pm John Canny RIP Recently (Whitehouse)
Sunday 28th 9.00am The People of our Parish **Mass live streamed**
March 2021 11.00am Anne Fitzgerald RIP Recently (Cooney) **Live streamed**
3.00pm Sung Latin Mass in the Tridentine Rite
6.00pm **Stations of the Cross**

Monday 29th 9.15am Jacob Ussher Andoh RIP Anniv (Andoh)

Tuesday 30th 9.15am Kathleen Whiter RIP Recently (Vallance)

Wednesday 31st 9.15am Elizabeth McEvoy RIP (FM) **Note time of 9.15am**

Thursday 1st **MAUNDY THURSDAY: MASS OF THE LORD'S SUPPER**

April 2021 7.30pm **MASS OF THE LORD'S SUPPER** **Live streamed**

GOOD FRIDAY is day of fasting and abstaining from meat and meat products

2nd April 2021 10.00am **Stations of the Cross** **Live streamed**

Live streamed 3.00pm **Solemn Liturgy of the Passion & Death of the Lord**

Holy Saturday 7.00pm **Easter Vigil & the Lord's Resurrection** **Live Streamed**

EASTER SUNDAY: THE RESURRECTION OF THE LORD 4th April 2021

Live streamed 9.00am Canon Charles Loughran RIP Anniv. (McAdam)

Live streamed 11.00am Peter & Gunvor Edwards RIP Anniv.

SACRAMENT OF PENANCE on request to the Parish Priest and this week after Mass on Monday and Tuesday and on Saturday 3rd April from 11am to 12 noon.

MASS READINGS FOR PALM SUNDAY OF THE PASSION OF THE LORD

MARK 11:1-10 Hosanna! Blessed is he who comes in the name of the Lord

ISAIAH 50:4-7 I did not cover my face against insult, I know I shall not be shamed

PSALM 21 "My God, my God, why have you forsaken me"

PHILIPPIANS 2:6-11 Christ Jesus humbled himself, but God raised him high

MARK 14:1-15:47 The sufferings, passion and death of our Lord, Jesus Christ.

DIOCESE OF BRENTWOOD WEBSITE: <https://www.dioceseofbrentwood.net/>

DAILY SERVICES WITH MASS: www.churchservices.tv/timetable/

MASS AT WESTMINSTER CATHEDRAL: www.churchservices.tv/westminster

DAILY MASS Leigh-on-Sea: Our Lady of Lourdes Church at <https://lourdesleigh.org/>

Bishops Stortford: St Joseph & English Martyrs: www.churchservices.tv/bishopsstortford

OFFERINGS: Thank you for your generous weekly Offerings of £800 in standing orders and £307.15 last weekend, and £10 for CAFOD. Thank you for a further generous donation of £150 for our Parish St Vincent DePaul Society to support local Food Banks. You can give in Offerings to the Priest's House or make donations online to our Parish at: www.dioceseofbrentwood.net/donations?parish=epping///

GOOD FRIDAY COLLECTION: Our collection at the two services on Good Friday will be to support the Holy Places in the Holy Land. They are now struggling very much due to the lack of pilgrims and the mass immigration of Christians from the Holy Land.

EASTER OFFERINGS: Your Offerings, at the Easter Vigil and Easter Sunday Masses, are personal gifts from parishioners to support the Priest(s) of their own parish.

The Immaculate Conception Catholic Church



11 Church Hill, Epping, Essex, CM16 4RA

Parish Priest: Father John McGrath Tel: 01992 572516

Deacon: Rev Duncan Whitehouse Tel: 01992 577173

Email: epping@dioceseofbrentwood.org

Website: www.eppingcatholicchurch.co.uk

Registered Charity Number: 234092

Our parish is twinned with Thistle Grove & Lebohang Parish in the Diocese of Dundee, South Africa

PALM SUNDAY of THE PASSION OF THE LORD B 28 March 2021

THOUGHT FOR THE WEEK

This week we celebrate Holy Week, the heart of the Church's year and includes the most solemn and most memorable parts of the Church's liturgy.

We shall experience the richness of the Holy Week and Easter liturgies, whilst the observance of social distancing and like measures are an important necessity, allowing our wonderful Easter celebrations to take place safely.

On Palm Sunday, we shall travel with Jesus as he enters Jerusalem in triumph, on a donkey. On Maundy Thursday, we celebrate the institution of the Priesthood and Jesus giving us the Holy Eucharist at the Last Supper. At this stage, it will be good for us to reflect upon the vocation of our priests, and during this difficult time they have had limitations on their ministry to people at home, in hospitals or care homes. On Good Friday, the sufferings and death of Our Lord are reflected to us in the Stations of the Cross and the Solemn Passion of Christ's death in the afternoon, followed by his resting in the tomb. At the Easter Vigil, the blessing and lighting of the Pascal Candle proclaims that Christ is risen and that he is the Light of the World, which is shown in all our baptisms as the Paschal candle is lighting and we are given a Baptism Candle, to show that Jesus is the Light of our Life. On Easter Sunday we rejoice at the Lord's resurrection and new life for all Christians.

The Holy Week and Easter liturgies are inspiring and devotional and we hope that the ceremonies will attract the usual enthusiastic response from parishioners. Please note that we are restricted to using 55 seats at each service, so please pre-book your seats for each ceremony.

I wish all parishioners and their families and friends a healthy, peaceful and devotional Holy Week and a joyous celebration of the Resurrection!

God bless you,

Deacon Duncan

BOOKING SEATS IN CHURCH FOR HOLY WEEK & EASTER

As we are limited to 55 seats in our church and must observe social distancing in Holy Week & Easter. Please ensure you pre-book your seat(s) for Masses & Services as soon as possible, by **e-mailing Deacon Duncan: duncanjcjwhitehouse@gmail.com** or phone him on **01992 577173** to book seats for the following:

- **Palm Sunday Masses** (27-28 Mar), Saturday at 6pm & Sunday at 9am & 11am
- **Maundy Thursday** (1 April) Mass of The Lord's Supper at 7.30pm
- **Good Friday** (2 April) Stations of the Cross at 10.00am
- Solemn Liturgy of the Passion of the Lord at 3.00pm
- **Easter Vigil** (Saturday 3 Apr) Easter Vigil & Celebration of the Resurrection 7pm
- **Easter Sunday** (4 Apr) Easter Masses of the Lord's Resurrection at 9am & 11am

Thank you for your co-operation. Deacon Duncan

EASTER LILIES: Parishioners can remember deceased relatives or friends at Easter by putting lilies in the church flower arrangements. A suggested donation is £3 a lily. Please put this in an envelope (there are red ones in the church) marked 'Easter Lily in memory of.....' and put it with the Offertory collection or the Presbytery letter box. If you are a tax payer you can Gift Aid your donation by using a red Donations envelope in the Church, or one of the envelopes in your box of offertory envelopes.

GOOD FRIDAY CAR PARKING: Parking on Church Hill is restricted, even on Good Friday, to permit holders. Parking enforcement officers come around during Good Friday services and issue parking tickets on cars that do not have the permits.

HELP AS A STEWARD/USHER IN OUR CHURCH: We thank our Stewards and Ushers in church who ensure we comply with Covid regulations. **We need more helpers for this role and to keep people safe. Please contact our Parish Office if you can help: email admin@eppingparish.plus.com or phone 01992 572516.**

RECEIVING HOLY COMMUNION On coming to Holy Communion, please lower your mask, so that as Holy Communion is placed in your hand, you immediately put it into your mouth, with the other hand, and avoid the danger of any particle being lost.

FACEBOOK GROUP: Our parish Facebook Group posts daily updates and links to parishes & activities in our Diocese. James Ryan manages and monitors the input for security and relevance. If you wish to join this group, just click on the link below: <https://www.facebook.com/groups/26415423943/?ref=share/>

HELP FOR SHOPPING etc. In this lockdown, parishioners and people who need prescriptions collected, something from the shops, letters posted or someone to chat to on the phone, please call Fr John at the Priest's House on **01992 572516** and he will put you in touch with a willing helper who would like to assist you.

THE PARISH MASS BOOK: We have Parish Mass Books that we cannot use at Mass at present, due to Covid regulations. If you would like to borrow a Parish Mass Book for use at home, especially in Holy Week, please take one from the Sacristy

HOLY WEEK & EASTER POSTERS: Please take one to put up on your window or in your home as a reminder to people of the sacred nature of Holy Week & Easter.

OFFERTORY & GIFT AID ENVELOPES: The new Gift Aid envelopes for the financial year beginning on 6th April are ready for collection in the church porch. If you do not have Offertory envelopes but wish to have them, please contact our Parish Gift Aid Organiser at our Parish Office. We ask parishioners who have Offertory envelopes to contact us if your details or circumstances have changed for Gift Aid. We strongly encourage parishioners, especially taxpayers, to use Offertory envelopes, to Gift Aid your donations to our parish. This increases the value of your offerings to the church by **25%** at no cost to yourself, and is a tremendous benefit to our parish.

ANNIVERSARIES: Patricia Ryan, Albert Bridle, William Smart, Angus Cameron (27th), Mary Flower (28th), Joseph Kupper, Fr Joseph Touhey (29th), Canon William Toft (31st), Effie Labouchardiere, Virginia Brovell (1/4), Molly Denihan (3/4), Bertha Tedder, Tommy Callaghan, Canon Charles Loughran, Fr Ronald Roberts (4/4). **Eternal rest grant to them, Lord, and let perpetual light shine upon them. May their souls and the souls of the faithful departed rest in peace.**

PRAY FOR OUR SICK AT HOME AND IN HOSPITAL & CARE HOMES: **May the Lord heal them with the power of his Spirit.**

PRINCESS ALEXANDRA HOSPITAL **Send Messages to Loved Ones in hospital.** Family members and friends of inpatients can send or collate personal messages to paht.messagestoalovedone@nhs.net A special phone **01279 868128** is available **from 10am to 12noon on weekdays.** Video calls can be made to patients on John Snow and Locke Wards, Kingsmoor and Harold, Lister Wards, **from 2 to 4pm every day.** Details from paht.virtualvisiting@nhs.net

EPPING FOREST FOODBANK: We have a basket in the church porch by the Priest's House & Sacristy for Epping Forest Food Bank, which urgently needs: UHT Milk, Instant Mash, Small Couscous Packs, Tinned Spaghetti, Microwaveable Rice Pouches, Vegetable Noodle Packs, Sponge Puddings, Hot Chocolate, Small Jars Of Peanut Butter, Small Jars of Coffee, Chocolate Bars, Snack Bars/ Snacks, Halal Corned Beef, Reusable Face Masks, Hand Sanitiser(70% Alcohol), Female & Male Deodorant, Toothbrushes & Toothpaste, Hair Shampoo and Conditioner, Laundry Tablets, etc. **Your donations in the basket will be greatly appreciated.**

VOLUNTARY ACTION EPPING FOREST, based in Thornwood, gives relief boxes to households & individuals struggling money-wise partly due to Covid 19. Contact Nick on **07967726851** or its befriending service on **07708171116** <https://vaef.org.uk/covidresponse@vaef.org.uk>

STAY SAFE IN CHURCH: Everyone must wear a mask or a face covering in church, except when reading. We must sanitise our hands as we enter and leave church and keep social distance of 2 meters (6 feet), not interact with people inside or outside church who are not in our group and scan the QR code or register on attending church for track & trace on entering or leaving. If you show Covid like symptoms, have tested positive for Covid19, or been directed to quarantine, you must stay home, not come to church and follow NHS directions.

CATHOLIC PARISH OF EPPING The Immaculate Conception

HOW TO STREAM MASS FROM EPPING at HOME

Sunday Masses at 9am and 11am in our Church will now live streamed during Lent. This live stream from Epping Catholic Church will be on You Tube .

You do not need a Youtube account to watch. Using a laptop, computer or mobile phone, you need speakers or headphones if your device does not built in speakers. If you have a smart TV, you can pair a device (such as mobile phone or iPad or tablet) to watch it on your television.

To view the Mass search: **The Immaculate Conception Catholic Church, Epping** and visit the channel where you will find the live stream. All you need to do is click on the live video.

If you have difficulty, type the URL (web address) into the address bar:
[youtube.com/channel/UCAbSuwE8X5AOaugAT35hREw](https://www.youtube.com/channel/UCAbSuwE8X5AOaugAT35hREw)

If you have a mobile phone simply scan this QR code to take you to the channel :



Please let us know if you have a problem and we will try our best to help.

HOLY WEEK services we will stream are * on the back of the Newsletter

PRAYER IN TIME OF CORONAVIRUS

God our Father, Creator of the world, almighty and merciful, out of love for us, You sent your Son into the world as the doctor of our souls and bodies. Look upon your children, in this difficult time of confusion and dismay in Europe and the world, who turn to you seeking strength, salvation and relief. Deliver us from illness and fear, heal our sick, comfort their families, give wisdom to our rulers, energy and reward to our doctors, nurses, carers and volunteers, grant eternal life to the dead. Do not abandon us in time of trial but deliver us from all evil. We ask this of Thee, who with your Son and the Holy Spirit, lives and reigns for ever and ever. Amen.

Mary, Mother of health and hope of the sick, pray for us and for them!

CHILDRENS LITURGY:<https://cafod.org.uk/Education/Children-s-liturgy>

IT IS MOST IMPORTANT THAT YOU BOOK TO ATTEND HOLY WEEK & WEEKEND MASSES IN EPPING CATHOLIC CHURCH

Restrictions imposed by the Coronavirus regulations limit our church to 55 people attending Mass when they are from the same house, or 23 individuals. To avoid being told on coming to church that it is full and one cannot go in, it is important to book a place at a weekend Mass.

- If you attend the same Mass every weekend, your name will be put on the list permanently for that Mass. If you cannot come on a particular weekend(s) please notify us so that places can be allocated to others.
- Please notify Deacon Duncan by 5pm on the previous Friday to attend Mass on Saturday at 6pm or Sunday at 9am or 11am. Bookings for multiple weekends can be made at the same time. If you change or cancel a booking you make for a particular Mass, please do so by 5pm Friday.
- To make bookings for weekend Masses, change or cancel a bookings email **Deacon Duncan** at duncanjcwhitehouse@gmail.com or phone him on 01992 577173. If we are over-subscribed for a particular Mass, he will contact you. The 5pm deadline for bookings on Fridays allows time for you to make other arrangements and free up a place for others.

FIRST HOLY COMMUNIONS 2021: Parents wishing to prepare their child for First Reconciliation & Holy Communion in 2021 should have completed the Application Form in the porch. Children should be in school **Year 3 or older in 2020/21** and have been regular Mass attenders, until the lockdowns. Details of the arrangements for programme will follow.

CHILDREN'S LENT BOOKLETS: are available free in the Sacristy porch.

WALK WITH ME booklet for adults in Lent is available free in church porch

ICHTUS SHEETS for older Primary School children explains the Mass

OUR PARISH EASTER CARD: We are grateful to Peter Day for packing and posting our Easter Card to all the homes we have on our parish register. If you did not receive an Easter Card giving details of Holy Week & Easter Services and Easter greetings, please let us have your name and address etc.

AFRICAN PALMS: This Palm Sunday the palm branches we bless and use come from the Masasi people in Tanzania, Africa. African Palms, is a charity set up by Reverend Alan Talbot RIP, an Anglican priest from Leyton, to help the Masasi people make Palm branches into crosses to fund projects for street, HIV and special needs children, to provide clean water, health clinics, school and agriculture projects. A map leaflet with the palms, that came from Mtwara, through the Suez Canal and the Mediterranean, has a message from the people saying: "May our homes be blessed" and "May their (**our**) homes be blessed". In Holy Week may the Lord bless and protect his people, here and in Tanzania. Please take some blessed Palms to put up in your home, to remind us of our Lord on Palm Sunday and the Masasi people, who help us focus on his cross.